



Sports Activities Schedule SODIC SPORTS CLUB

Activities / Days		Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Notes
Football Academy		(2021-2017) 6:30 - 7:30 PM (2016-2015) 6:30 - 7:30 PM (2014-2008) 7:30 - 9:00 PM	OFF	(2021-2017) 6:30 - 7:30 PM (2016-2015) 6:30 - 7:30 PM (2014-2008) 7:30 - 9:00 PM	OFF	(2021-2017) 6:30 - 7:30 PM (2016-2015) 6:30 - 7:30 PM (2014-2008) 7:30 - 9:00 PM	OFF	OFF	4 - 13 years old
Basketball Academy		Academy 6:00 - 9:00 PM Teams 5:30 - 10:00 PM	OFF	Academy 6:00 - 9:00 PM Teams 5:30 - 10:00 PM	Teams 5:30 - 8:00 PM	Academy 6:00 - 9:00 PM Teams 5:30 - 10:00 PM	OFF	OFF	5 - 15 years old
Tennis Academy		4:30 - 11:00 PM	8:00 - 12:00 PM 4:30 - 11:00 PM	8:00 - 12:00 PM 4:30 - 11:00 PM	8:00 - 12:00 PM 4:30 - 11:00 PM	8:00 - 12:00 PM 4:30 - 11:00 PM	OFF	4:30 - 11:00 PM	Starting from 4 years old
Skating Academy		OFF	10:00 - 11:00 PM	OFF	10:00 - 11:00 PM	OFF	OFF	OFF	Starting from 4 years old
Artistic Gymnastics Acadmey		12:00 - 4:00 PM	4:00 - 7:30 PM	4:00 - 8:00 PM	4:00 - 7:30 PM	4:00 - 10:30 PM	4:00 - 7:00 PM	5:00 - 8:00 pm	Starting from 3 years old
Aerobic Gymnastics Academy		12:00 - 3:00 PM	4:00 - 6:30 PM	4:30 - 6:30 PM	4:00 - 8:00 PM	4:00 - 6:30 PM	OFF	OFF	Starting from 6 years old
Rhythmic Gymnastics Academy		OFF	4:30- 7:30 PM	1:00 - 2:00 PM Aerobic Hall 4:00 - 8:00 PM RG Carpet	4:00 - 8:00 PM	4:30- 7:30 PM	10:00 - 2:30 PM	OFF	3 - 12 years old
Fencing Academy		4:00 - 9:00 PM	4:30 - 7:00 PM	OFF	5:00 - 7:00 PM	4:00 - 8:00 PM	OFF	OFF	Starting from 6 years old
Squash Academy		OFF	OFF	OFF	4:00 - 9:30 PM	OFF	OFF	OFF	Starting from 6 years old
Martial Arts Academy	Judo	Dynamic 11:00 - 12:30 PM Under (7) 1:00 -2:30 PM Above (7) 2:30 - 4:00 PM Shark 4:00 - 5:30 PM Rocket 5:30 - 7:00 PM	Rocket 4:30 - 6:00 PM Shark 6:00 - 7:30 PM Adults 7:30 - 8:30 PM Adult 9:00 - 10:00 PM	OFF	Under (7) 4:30 -6:00 PM Above (7) 6:00 - 7:30 PM Dynamic 7:30 - 9:00 PM	Shark 4:30 - 6:00 PM Rocket 6:00 - 7:00 PM (Fitness) Dymnic 7:30 - 9:00 PM Adult 9:00 - 10:00 PM	OFF	OFF	Starting from 4 years old
Swimming Academy		OFF	Academy 9:00 AM - 9:00 PM 2015-2016 6:00 - 8:00 PM 2013-2014 6:00 - 8:00 PM National Team 6:00 - 8:00 PM	Academy 9:00 AM - 9:00 PM 2015-2016 7:00 - 9:00 PM 2013-2014 7:00 - 9:00 PM National Team 4:30 - 6:30 PM Allegria National Team 6:00 - 8:00 AM	Academy 9:00 AM - 9:00 PM 2015-2016 8:00 - 10:00 AM 6:30 - 8:30 PM 2013-2014 8:00 - 10:00 AM 6:30 - 8:30 PM National Team 4:30 - 6:30 PM Allegria Allegria National Team 6:00 - 8:00 AM	Academy 9:00 AM - 9:00 PM 2015-2016 8:00 - 10:00 AM 6:30 - 8:30 PM 2013-2014 8:00 - 10:00 AM 6:30 - 8:30 PM National Team 4:30 - 6:30 PM Allegria National Team 6:00 - 8:00 AM	National Team 5:00 AM Allegria	OFF	Starting from 6 months
Waterpolo Academy		OFF	7:00 - 10:30 PM	3:45 - 10:30 PM	3:45 - 10:30 PM	3:45 - 10:30 PM	OFF	OFF	7-13 years old

Sports Office WESTOWN Info. Line: **0128 915 2971**